

# EATA Newsletter

EUROPEAN ASSOCIATION FOR TRANSACTIONAL ANALYSIS N°99, OCT. 2010

#### EATA Conference in Prague, July 2010



Organisor Blanka Cepicka

The conference in Prague this year, celebrating the 100 anniversary of Eric Berne's birth, was interesting and challenging and a great success for all participants and for the TA community in Europe and the world. TA showed its presence and competence in many fields of application and was made visible also for the public through challenging presentations and themes.

Under the keynotes was a symposium about life scripts — with the presentation of a new book to these themes and many of the authors being presenters at the conference. Other keynotes were from a mixture of Czech and international presenters — all promoting dialogue about the themes of our times and the role of TA in the world.

One special achievement this time was, that we were able to offer simultaneous interpretation of all keynote speeches so that they were available in 6 languages: Czech, English, French, German, Italian and Russian (alphabetical order).

And then the many many workshops from internationally renowned

presenters on more specific themes and with more time for details – the well-known mixture of TA conferences, where also celebrations were an important part:

The celebration of two EATA gold medalists (Fanita English and Adrienne Lee) for their outstanding services and achievements for TA and EATA, the awarding ceremony for the 2009 winner of the Eric Berne Memorial Scientific Award (awarded through the ITAA) for Dolores Munari Poda from Italy, celebrations of exam successes and and and.....

Before the conference there were the business meetings of EATA – council meeting and meetings of committees, this year fully attended by the president of ITAA – Rosemary Napper. She showed her presence as sign of interest and the good co-operation between the two organizations (since years the president of ITAA is a member of the council of EATA (non-voting) and vice versa for the EATA president at the ITAA board of trustees).

A special **thank you** goes from here again to all the helpers and organizers and presenters and especially to the Czech team around Blanka Cepicka, who proved to be wonderful hosts and made the whole conference a heartwarming event.



#### From the editor:

This issue of the EATA newsletter is No. 99 in 35 years.

From now on the EATA newsletter will be available only in electronic form – everybody can print it out from the EATA website or from the e-mails sent to all members. It will be available in English – as the original form, since it is produced and written in English first. In addition it will be available in translations into French, German, Italian, Russian and Spanish (sometimes with a little delay because the translation takes some time...).

EATA has always been and is still: a body (association) that brings together the strengths and advantages of all member TA-associations for the benefit of TA and TA-practitioners – with the main focus on Europe but always with the aim to connect and cooperate also with the worldwide TA-communities.

The EATA newsletter is still, what its name says: it is a collection of news from the European TA-world that might (or sometimes «should»?!) be interesting for members of EATA. Nowadays it is closely connected with the EATA website (www.eatanews.org) and the new chances of electronic communication and information are taken there. One new and important one is the new **electronic journal on research in TA,** IJTAR, launched at the EATA conference in Prague with the first issue and available via the EATA website and directly under: www.ijtar.org.

AND there are many good reasons to look at the EATA website more closely for information, pictures from events, news and much, much more.

I believe that the newsletter still has an important role, especially through the translations which make the information more easily accessible for many people (not everybody in EATA reads English well.....).

So we (myself and co-editor Rosanna Giacometti from Italy with the practical and essential work of Marianne Rauter) will continue to produce an EATA newsletter three times a year and hope that many of you find it interesting and like it as a link to other TA communities in Europe and the world.

If you have comments and/or feedback, please let us have it – e-mail addresses and postal addresses are given in the impressum.

Jan Hennig, editor

#### **EATA Newsletter**

is published by the European Association for Transactional Analysis a non-profit association registered in Geneva, Switzerland.

#### Mailing address

EATA, c/o M. Rauter Silvanerweg 8 78464 Konstanz, Germany Fon:+49-7531-955190 Fax: +49-7531-95271 E-mail:EATA@gmx.com Web site: http://www.eatanews.org

#### **Editorial Board**

Jan Hennig Rosanna Giacometti e-mail: editor-eatanews@gmx.de

## Managing Editor Marianne Rauter

#### Printing

Fuchs Druck+Medien Kreuzlingen

#### 5000 printed copies

#### Frequency/Deadlines

for copy and advertising August 20 for October issue, December 20 for February issue, April 20 for June issue.

#### Subscription

is a benefit of paying membership and is not available separately.

#### Membership

is available directly from Affiliated Associations

Non-European ITAA members may also subscribe from the EATA office.

#### Letter from the President



Sabine Klingenberg
Born 1955
in Berlin, Germany,
living in Hamburg,
married, 5 sons
between 17 and 28
TSTA-O and working as
a management
consultant, coach,
trainer, and supervisor

As new President of EATA I want to express many thanks to you all, for your vote and your trust in me.

I took over from Resi Tosi, Past President, and I feel great respect for her outstanding contributions to our community. I would like to thank Resi Tosi with love and respect on behalf of EATA and personally for her work as President. Her warmth and cordiality, her inspiring and respectful way of dialogue, clear and multi-level thinking prepared the way to solutions which were acceptable for almost all countries and associations. And she supports and challenges me to grow into my new role.

In the last years many new projects and services have been developed by EATA. Some examples

- Launching the research journal IJTAR which was a main project of Resi Tosi which is now a regular service
- $\circ$  Organisation of EATA Conferences, World Conferences and International trainers meetings
- o Organisation of Research Conferences and Workshops
- o Establishing new ways of evaluation like TPW/TEW and Training Evaluation Workshop to become a CTA trainer
- o Certification and Examination processes
- o Development of the new Code of Ethics
- $\circ$  Organisation of Summer Schools, Training programs in Eastern European countries
- o Translation during conferences and of books
- o Developing EATA Brochure

EATA became more modern and rich and we want to continue and develop our services further. Along this way we face several challenges:

- EATA is growing! We have to face the fact that an organisation with more than 7550 members and more than 34 Associations in 27 countries has to implement more and more professional structures to carry out the organisation.
  - It seems to me of significant importance to develop existing processes, to make them more «safe» and transparent and to create a different structure in some areas of our work.
- Our members are expecting prompt and reliable services. The workload for our officers is growing to an extent that we have to ask whether volunteers can manage it in the future. How can we balance it?
- During the last years we have invested a great part of our savings for several projects and services. At the same time we have to consider the way how we can make sure EATA's budget is balanced to make sure EATA stays in a «healthy» state as an organisation and provide service of high quality to our members.
- The diversity in the different countries by law, by culture is challenging our ability to prompt a respectful and bonding.

ITAA is in a difficult position, decreasing the amount of members, the President stepped down unexpectedly and BOT finds itself in a phase of orientation and searching for a new vision. EATA has a strong interest in cooperation and we will take our responsibility to invite the dialogue with other TA associations during the 36th World Conference in Bilbao, Spain 7th – 9th of July 2011 which will be hosted by APPHAT and is a conjoint event between APPHAT, WPATA, ITAA and EATA.

EATA has a strong and competent membership with different needs and demands and a huge cultural diversity which keeps the community alive and vivid. I would like to support integration, growth and diversity - knowing it will be a huge task - I will need the power and the competencies of you all. Cooperation, enrichment and learning from each other can open the space for creativity and solutions.

I want to improve the cooperation between Associations, looking for mentoring systems, support on different levels, and cooperation to learn from each other.

I am standing for commitment and at the same time I would like to balance the work you do in the Council, in committees and in your National Associations in creating processes to avoid excessive demands and exploitation of people being committed to their work for the community.

Work for and in EATA is voluntary work; it should be connected with esteem, recognition and joy. It is a privilege to be President of EATA and part of this Executive Committee and I am curious and excited. And I am looking forward to the future, with respect to the past and the presence trusting in our amazing ability to cooperate and communicate. This gives us a strong basis to deal with a high degree of complexity, with conflicts and difficulties and with inspiring diversity of our multicultural and multilingual organisation.

I invite you to contribute to your Association EATA, to stay in contact with us, to ask questions and to challenge me and the Executive and to be part of this wonderful community.

Sabine Klingenberg, President of EATA

#### The new EATA Executive Committee



second row from left: Treasurer Dr. Jan Hennig, Chair of PTSC Carla de Nitto, Past President Maria Teresa Tosi. General Secretary Elect Roos Ikelaar,

Vice President Magdalena Sekowska

first row from left: Vice-President Nicoleta Gheorghe, New President Sabine Klingenberg, General Secretary Jenny Bridge

#### Letter to EATA membership

As President of EATA I want to highlight the position of the Executive Committee concerning the constitution and the current practice of affiliation processes.

In the General Assembly 2010 in Prague the President of ITA, Alastair Moodie addressed several requests and challenges concerning the affiliation of the Association of Metanoia and EATA Executive agreed to give an official statement. Following that decision we will take advantage of the situation to present:

- 1. The statement of the lawyer concerning:
  - a) the word «association» in EATA and the consequences for the member associations,
  - b) the meaning of democratic structure
  - c) the fact EATA is an association of volunteers,
- 2. the position of the Executive Committee
- 1. Our Lawyer has examined the constitution and council regulation of EATA and states: 
  «Although EATA as such is an incorporated association, i. e. a «society» registered in Geneva and governed by Swiss law (see article 1.a of the Constitution of EATA), it is my understanding that the term «association» as it appears in the Constitution of EATA is not confined to a specific corporate body governed by any given national law; rather it is to be understood as a generic term for an organized entity specialized in the field of Transactional Analysis (see article 3.a of the Constitution of EATA which refers to «national, regional, international or specialist Transactional Analysis associations»). 
  Consequently, it seems to me that such an entity is free to choose its denomination by calling itself association, society, organization, institute, academy, etc.

With respect to the term «democratic structure» which appears in the EATA Council Regulations (under the topic «Purpose and governance, litt. c), I do not think that there is a specific, universally accepted definition. Both equality and freedom are probably the most important characteristics of «democracy» which derives from the Greek «demokratia», meaning the «rule of the people». A democratic structure is in opposition to an authoritarian system comprising privileged classes of people, but beyond the aforementioned fundamental criteria, it can undoubtedly take different forms.

EATA being a non-profit society founded and organized by volunteers, its Constitution is to be interpreted with more flexibility than the one of an industrial or commercial legal entity.»

2. EATA has to respect the need of members to organise themselves in different organisations. It is a natural process that new associations in a country change the profile and that the number of members in existing associations varies. It happened in the UK before with the foundation of IDTA and it happens several times in other countries. EATA's constitution Article 3 explicitly states: «EATA may affiliate with either national, regional, international or specialist Transactional Analysis associations», EATA is committed to diversity.

There is no basis to deduce the request for «compensation», which was put forward by the Chair of ITA. It is the responsibility of the existing association to adjust to the changed surrounding conditions. For an existing association there may be several reasons to loose members: the service it provides is not the service their membership expected or the interests of a group of members are not satisfactory mirrored. As a result

they create a new association and when there is a choice they choose the option they consider best and/or which suits them best.

The affiliation process in EATA is lead by the President of EATA according to the constitution—and it is done as all the affiliations were during the passed years—all «elder» people we interviewed couldn't remember any other process. It is always done with great respect to EATA's members and in agreement with the Executive, transparent and egalitarian. We want to stress the fact the President Resi Tosi sometimes did more: she invited all existing associations, members of the trainers meeting and the new association to a meeting to discuss the implications of having more than two associations in one country.

EATA's constitution is a constitution for an association executed by volunteers and it is based on «good will». It is not as exact as a constitution for a professional body might be. As a result we used several terms which are not «exactly» defined and which open some space for interpretation – see the statement of the lawyer. Executive acting acting as Affiliation Committee has checked up to now the constitution of the Associations asking for affiliation. An association was accepted as member of EATA if: it conformed to our constitution, purpose of the association is to promote TA knowledge and research on Transactional Analysis, to develop its theory and to ensure agreed standards of practice, it has a charitable status, it states to be democratic. There are different ways to define «democratic», there is always space for interpretation – at least we trust in our membership. If there are fundamental changes in the constitution of an affiliated association we would have to consider actions.

EATA has a profound interest in the wellbeing of their members and the affiliated associations – and we offer consultation and support – but not on the basis of compensation or grants.

After all we, Executive and Council, will take advantage of the situation and improve the coherence between constitution, council regulations and the current practice and the results will be published next year to be considered in the Council meeting and decided.

We hope this statement is a basis for cooperation and an open dialogue between our members.

Sabine Klingenberg, EATA President Executive Committee

#### EATA Gold Medal Award to Fanita English

It is my pleasure to honour Fanita English with the gold medal of EATA for her outstanding contributions to Transactional Analysis and European TA community on all levels: members, associations, training institutes and theory. These outstanding contributions are of course linked to her personal story which started in the most complex and spectacular way.

Fanita was born in Romania and raised in Istanbul. Her parents spoke French to each other, her governess was Austrian, the home maid was Greek and she studied at an international school in English. In such situation a child has to major choices: to become crazy or to become a genius... Thank you, Fanita, for choosing the latter one and expressing your creativity in Transactional Analysis!

In the last 40 years Fanita has become one of leading figures in the European TA community, through her trainings and her lively and active participation to many European conferences. In this way, she has deeply impacted the development and identity of thousands of transactional analysts in Europe and the world.

I'm sure that everybody in this room is aware of Fanita's significant modifications of some of Berne's concepts - and of her original ideas and theories regarding contracts, motivation, transactions and script. These contributions to TA – which have made TA more fertile and modern – seem to be based on her personal capacity to develop a stable meta-level perspective – grounded as well on her rich personal experience and on her deep knowledge of numerous personality and psychotherapeutic theories and models. Thank you Fanita, it is a big pleasure to award you and to show you our gratitude!

#### Resi Tosi, Past President of EATA



EATA Gold Medal Award Winners 2010 Fanita English (left) and Adrienne Lee

#### EATA Gold Medal Award to Adrienne Lee

We are happy and it is my great pleasure to honour today Adrienne Lee for her outstanding contributions to both Transactional Analysis and EATA with the EATA Gold Medal.

What an inspiring, brilliant warm and supportive woman! She has a wonderful combination of really clear and creative thinking with an intuitive and heart-felt response to process. This means she takes care of people's needs as well as the agenda with great skill. Not to forget she is a person who tells the best jokes.

We can look back with her on a journey that spans almost 40 years. Adrienne is a true transformational educator. She has been a trainer in TA for so long that she is probably the only person who claims to have taken her CTA exam alongside her own first candidate.

She is one of the founders of UK's ITA Institute of Transactional Analysis. And Adrienne started her own training institute: The Berne Institute in Nottingham where she remains Co-director. She has been President of ITA and EATA.

Her contribution to EATA has been enormous, in terms of her energy, commitment, professionalism, passion and impact.Let's celebrate her!

Sabine Klingenberg, President of EATA

#### Eric Berne Award to Dr. Dolores Munari-Poda

Dolores Munari Poda was honored with 2009 Eric Berne Award. We cite Fanita English:

It gives me great pleasure to announce that Dr. Dolores Munari Poda of Turin, Italy, has been awarded the 2009 Eric Berne Memorial Award for her unique approach to child therapy. She uses transactional analysis and an innovative method for communicating with the different ego states of child patients to effect positive changes in self-image and script. Her award-winning work is illustrated in her article «Every Child is a Group: The Girl of the Snakes» (published in the January 2004 *Transactional Analysis Journal*) and numerous other publications.



Dolores Munari-Poda
Eric Berne Award Winner 2009

This award could not be given in time for the Lima, Peru, conference because of mailing problems that resulted in some EBMA committee members not receiving all of the materials on time. Therefore, as per an ITAA board decision, an additional committee was established under the capable chairmanship of C. Suriyaprakash, who has now announced the award

Dr. Munari was a skilled therapist before she began using transactional analysis, having started her practice in 1973. After becoming acquainted with TA in 1985, she decided to train further and eventually combined our concepts with her sound theoretical knowledge and her particular intuitive talents

in order to work with children. She thus developed her approach, which consists of encouraging children to draw or paint, then gently discussing with them various possible meanings for each aspect of their productions. Knowing that the Child ego state consists of many previous integrated children (for there is a vast difference between, say, a 6-month-old and a 2-year-old, or a 4-, 5-, 8-, or 13-year-old). Dr. Munari's precise familiarity with the characteristics of each stage of child development allows her to determine, in the here and now, the different stages at which various (sometimes contradictory) harmful survival conclusions or decisions may have originated. She then intervenes appropriately in her gentle, empathetic manner.

The child mind is still flexible enough so that with Dr. Munari's skills in giving well-timed permissions to feel, think, be, and flourish, she can actually facilitate the development of a positive identity and script, even for children who are troubled, acting out, withdrawn, scared, traumatized, or angry when they begin therapy. This requires particular dexterity, for in addition to their presenting difficulties, children's reality differs from that of adults because they are currently dependent on caretakers and in particular power relationships with them, even as their genetic endowment seeks to assert itself.

I have had the opportunity to follow up with a child Dr. Munari treated, and I noted amazing results. I also have had numerous contacts with some of her trainees, so even though hers is a particular, sensitive talent that is hard to duplicate, because her methods and theoretical approach are clear, she has been able to train a number of therapists at the Scuola di Specializzazione in Psicoterapia in Milan and the Instituto Torinese di

Analisi Transazionale in Turin. As a result, several new crops of therapists have already benefited from her pioneering work. It is sorely needed, offering, as it does, valuable innovative methods for the treatment of a previously neglected population: disturbed children.

Dr. Munari has enriched the field of clinical transactional analysis. We are happy with the well-deserved recognition she has now received.

Fanita English, with sponsoring group members Jim Allen, George Kohlrieser, and Susanna Ligabue as well as Marco Sambin, Marco Mazzetti, Silvia Atanasio Romanini, Christina Capoferri, and Carla Giovannoli Vercelino

Originally published in the December 2009 issue of *The Script*.

#### Report from Montreal

As new and past presidents of EATA we participated to the ITAA meetings and the Eric Berne Centenary Conference in Montreal and will report about these meaningful events to the EATA members.

We will highlight that the Montreal events were touching and stimulating on one side and complex and challenging on the other one. The city of Montreal was the perfect context to celebrate Eric Berne centenary and to better understand his personal roots because in Montreal he was raised and lived some of his most marking experiences (see his self-biography that was launched by his son Terry at the Conference: A Montreal Childhood).

This Conference was characterized by the usual creativity and chances of international contacts that we often find in the international TA events. One episode among the others: the ceremony of the 2010 EBMA to Bill Cornell whose moving speech was welcome by the warmest multicultural audience. We invite those who are interested in knowing more about this beautifully organised Conference to consult the ITAA website.

This Conference was also different from previous ITAA conferences because it hosted an expected and special scenario: «the world café». This meeting was aimed to discuss the future of ITAA and to collect the ideas of membership to shape it. It was followed by three days of BOT meetings (one pre-meeting day and two meeting days) when the Board of Trustees has been working in a co-creative and egalitarian way to develop the vision of the future ITAA. At the beginning of the BOT Rosemary Napper, the then President of ITAA, resigned and we think important to extract some sentences from her resignation letter in order to explain her position: «...I have spent a year observing, inquiring about, questioning and reflecting on our organisation. The repeating problems threading through ITAA history, the gaps in organisational structures, the patterns, which are re-enacted in the organisational dynamics and the ensuing force of the culture of the organisation are all such to hinder or divert from vital organisational tasks... I want to experience belonging to an organisation serving transactional analysts, and TA in tomorrow's world. I hope my work has begun to loosen up the system, and my leaving creates a space for others to bring about transformation... I would like to see one global body to uphold our TA accreditation, formed by delegates from our regional or national associations, to fully account for the standards of past and future certified practitioners, trainers and supervisors...» (Please, look at the ITAA web-site and The Script to have the complete information regarding Rosemary Napper's article and communication and BOT documents).

While Rosemary's resignation opened an important crisis in ITAA, we also acknowledge Rosemary's contribution to the development of a new ITAA and her willingness to prompt members and BOT to take this responsibility.

We wish the Board of Trustees, now chaired by John Heath, Vice-President of Operations, to guide this process in the most democratic way, taking into account the feedback from the consultation process with members over the last year and at the conference. As EATA we want to give our support to shape the future of an ITAA which mirrors the present reality and the cultural richness of the worldwide multinational and national TA associations. We appreciate the words of John Heath in his letter to ITAA members: «...the Board of Trustees has been working in a co-creative and egalitarian way which we strongly believe should be the style of governance in the ITAA of the future. We invite individual members and regional organizations to consider how they might join with us in the creation of this vision... We have appreciated the energy that has grown through hearing the collective voices of all regions. We look forward to being part of the emerging vision for Transactional Analysis, which in our view will include working towards a world wide accreditation and certifying body.»

At this point we think it is important to update our members also about the current situation of T&CC (the Training and Certificate Committee) for what may concern the relationship with EATA, PTSC/COC and TACC.

There are two remarkable decisions made by Executive and membership of ITAA, which now mirrors the «reality» about the relationship between ITAA and T&CC. There is no more financial support from ITAA to the Committee and the bylaws have been changed: the Chair of T&CC will be no more a member of Executive. As members and Chairs of T&CC and the subcommittees are self appointed and self referential, we now ask the question: who empowers T&CC, controls and evaluates the Committees?

EATA highlights the importance and the value in the worldwide Training Manual and certification process—it is unique! As a matter of fact we didn't find coherence in the way T&CC started to define themselves as the «TA Certification Council of Transactional Analysis» and implemented new «Code of Practice for Trainers & Supervisors in TA» without negotiation and agreement with EATA's PTSC and COC.

The process of negotiation takes time and energy and, for this reason, since two years PTSC has worked to get the agreement of T&CC for decisions which had been made by PTSC the last 3 years - especially the CTA trainer status.

We all agree it is possible to have differences and the Training Manual defines a common basis which EATA is eager to respect. At the same time EATA feels responsible to act in the interest of its membership, which is supporting some important developments in the accreditation process.

EATA will now implement the CTA trainer and PTSC will create the certificate. The pilot process of running Training Evaluation Workshops for experienced PTSTA will go on and we will evaluate it and at least define the ultimate format together.

We would like to highlight the fact EATA is engaged in working towards a world wide accreditation and certification body which should be formed by the multinational and national Associations. The World Conference in 2011 in Bilbao seems to be a good place to start.

Finally, we are happy to confirm that the World Conference will take place in Bilbao from 7<sup>th</sup> to... 9<sup>th</sup> of July 2011, hosted by APPHAT one of the Spanish Associations. The title is: Challenge of Growth – for more information see: www.eatanews.org We will also have COC exams, TEW and an International Trainers meeting.

We prompt you all to contribute to this conference with your workshops proposals and to participate in great numbers, because it will be an incredible opportunity to strengthen our international links and to shape our future as a global community.

Sabine Klingenberg, President of EATA and Resi Tosi, past President of EATA

#### Call for Proposals

#### T.A. World Conference

The Challenge of Growth

BILBAO, 7-9, July 2011 www.TAbilbao2011AT.com



«The Challenge of Growth»

is the topic of our next World Conference

organized by EATA, ITAA and WPTA with the Spanish Association APPHAT.

It will be held in Bilbao at the «Deusto University» on 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup>, July 2011.

We will be pleased to receive your proposals for sharing your knowledge and your ideas about TA application and theories.

You can submit your workshop or presentation proposals to the e-mail address scientificprogram@TAbilbao2011AT.com and you can **download the forms** and other relevant information about the Conference in our web.

www.TAbilbao2011AT.com

#### The DEADLINE FOR PROPOSALS WILL BE NOVEMBER 30<sup>TH</sup>, 2010.

We are looking forward to meeting you in Bilbao next July and make together an exciting conference in a collegial atmosphere.

Amaia Mauriz Etxabe, Bilbao Conference's Chair

#### New EATA Supervising Examiner

After many years of service for EATA as supervising examiner - and this is a challenging and time and energy consuming task - Dave Spenceley handed over this task to the new supervising examiner Alessandra Pierini from Italy. Together with Uta Hoehl Spenceley, his wife and experienced TSTA and exam supervisor in many cases, he managed over many years the difficult tasks of supervising examiner: to manage all the exam processes in different countries and languages with different people in a way, that stress is not getting too high, that exams are fair and clear and that all the difficult «small» but so important details are handled in a good way. Thank you Dave and good luck to you Alessandra.



Chair of COC, Marco Mazzetti gives his thanks to the leaving supervising examiner Dave Spenceley

The new supervising examiner
Alessandra Pierini



# «Il setting a confromto» 4th EATA's International Colloquium

#### IAT - IANTI - APPHAT



# **Comparing Setting**

Cultural differences among different settings and different fields of application

> Saturday, May 8 2010 Florence

There are so many specifics in TA theory and practice which are incorporated in our clinical/counseling educative or organizational view, that to find the setting for thinking and discussing all these things has been the most remarkable part of EATA's 4<sup>th</sup> International Colloquium.

The TA association in Italy gave us, the Spanish association members, a wonderful setting in which to share, learn and think about the relevance of The Setting in professional practice.

The Setting as a concept and its characteristics depends on the kind of space and contract, on the area of application, and on which «branch» of TA the professional, who makes the intervention, is closer to.

We had the opportunity of learning about Psychoanalytic TA settings, constructivism through TA application, relational TA and the differences and common aspects in all of these ways of applying and using the TA theory, shared by all the presenters and their respondants.

This Colloquium has meant a real colloquial, respectful and transactional way to set the relevance of The Setting as a concept, as well as an actual experience for the attendees. Spanish Transactionalists were so well included and took such an active part in this Colloquium, that they are now suggesting the inclusion of some of these points discussed in our training schedule, as we did in Florence: with a great combination of lectures and group discussions on the topic and its application.

Thanks to Sylvie Rossi, and to the members of the Italian Associations, now the basic philosophical assumption that we share in TA World (does not matter what country

we live in) about the relevance of the Okeiness in all kind of human relationship, is not just an ethical position, it is a real memory that we, the APPHAT's transactionalists have been experienced in Florence; as well as we have now the evidence of the EATA's compromise with the international sharing of knowledge, what we have enjoyed together in this event, and where those concepts gave us an actual «life setting» with a deep coherence with the topic discussed «il setting a confronto, an international experience».





Coming along with the title we have incorporated to our minds and to our background as transactionalists what will be, in the future, a relevant part of our internal setting for our coming international encounters.

Florence 8<sup>th</sup> May, 2010 Amaia Mauriz Etxabe APPHAT Delegate, Spain

#### International Journal for Transactional Analysis



#### July 2010 - IJTAR is Launched:

- During the EATA conference in Prague, we launched the EATA research journal - IJTAR - International Journal of Transactional Analysis Research.
- Online access if free to all so please go to
- www.ijtar.org and sign in.
- Please also publicise this link to your colleagues, especially those who are not actively involved with TA.
- IJTAR guidelines for authors -July 2010
- Julie Hay editor of the journal:
- IJTAR@adinternational.com

### Nine physiological Feelings and How they fit into Transactional Analyses Theory and Practice

When I began TA training/therapy in 1974 I learned that TA acknowledged three inborn, natural feelings - «mad» «sad» «glad», that is, anger, sorrow, joy. Jacqui Schiff identified «scared», that is, fear, as a fourth inborn, unlearned feeling. This was hesitantly included at that time in the feeling pantheon of TA. And here we still are with these four, discounting the five others we are actually born with, every one of which has a purpose for not only our survival, but for our growth and blossoming.

Since recognizing and dealing with feelings were important aspects of the Cathexis School therapy I was undergoing, I was especially sensitized to this part of life, and when Thomas Ohlsson briefly described all nine inborn feelings at a seminar in Chernivtsi in the Ukraine some years ago, my hunger for more knowledge about them ensued.

This is to let you all know that Thomas Ohlsson will held workshops in the Ukraine in 2011 around these topics.

More information and details under: nadyezhda@spassenko.relc.com

By Nadyezhda Ivanovna Spassenko

#### **EuroTAPACYNews**

**EUROTAPACY**-First project run in Italy

report from Julie Hay

**EUROTAPACY** stands for European TA Proficiency Award for Children and Young People. Organised by the IDTA (Institute of Developmental TA www.instdta.org) and funded by EATA, this is a project to extend the original UK-based TAPACY across Europe. The first project has now been completed successfully in Italy. Led by Ulrika Widén, this 'Expressive Laboratory' was run for a small group of children in a co-operative arrangement with the Associazione Luisa Berardi. The children created artworks. drawings, painting and collages and then brought their work together to create a comic that illustrated TA concepts. Over a cycle of ten sessions during March – June 2010, the group learned about OKness, contracting, strokes,











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discounting, ego states and transactions. These themes were chosen to help increase self esteem and self awareness.

The photos show an example of the work produced and a photo of the final Award ceremony, when the children and the association received their EUROTAPACY certificates.

Milly De Micheli went along, in the role of EUROTAPACY Ambassador, to review the children's work and

to lead the celebration at the end of the project.

For more information about running EUROTAPACY in your area, contact the IDTA on +44 3000 115230 or email eurotapacy@instdta.org.



#### **Photo captions:**

back row from left:

Ulrika Widén, Project Leader and Milly De Micheli, EUROTAPACY Ambassador with 4 children holding their certificates and their work: 2 pages of the comic about OKness.





page 2

#### Exam successes

#### CTA exam in Prague July 2010:

#### Field of Psychotherapy

Alison Nassman, Angela Macklin, Deborah Bladgen, Sue Parker-Hall, Michael Fairclough, Joanne Moores, Ioana Cupsa, Katarina Pfaff-Krstic, Slavica Carapic, Han den Dekker

#### Field of Education

Koen Bosschaerts, Valérie Fumeaux,

Stefania Hofmann

#### **Field of Counselling**

Jos ten Vergert

#### TSTA exam in Prague July 2010:

- 1) Silvia Tauriello TSTA/psych
- 2) Daniel Chernet TSTA/org
- 3) Dominique Dye TSTA/psych
- 4) Jill Hunt TSTA / Psych
- 5) Cathy McQuaid TSTA/Psych
- 6) Nada Zanco supervising only STA / psych



Group of successful candidates in Prague

#### CTA oral exams in Montreal, Canada, August 2010

#### **CTA Successful Examinees:**

Masumi Aonuma	СТА-Е	Amagasaki, Hyuogo, Japan
Chiho Asai	CTA-E	Osaka, Japan
Sheila Halliday	CTA-P	Edinburgh, Scotland
Richard Ireland	CTA-P	Manchester, England
Lynn Martin	CTA-P	Honiton, Devon, Great Britain
Cholena Mountain	CTA-P	Leicester, Great Britain

#### T/STA Successful Examinees:

Claire Chaudourne-Max	TSTA-P	Saint-Egreve, France		
Mica Douglas	TSTA-P	Rochester, Kent, UK		
Claudia Fountain	TSTA-O	Koeln, Germany		
Sharon Anne Kalinko	TSTA-P (TTA in 2000	)Sandton, South Africa		
Joost Levy	TSTA-O	Arnhem, The Netherlands		
Anne-Marie Linnenkamp	STA-P	Amsterdam, The Netherlands		
José Manuel Martinez Rodriguez TSTA-P (STA in 2009) Valladolid, Spain				
Barbara Monk-Steel	TSTA-P	Leicester, Great Britain		
Evelyne Papaux	TTA-E	Ecublens, Switzerland		
Theo J. J. van der Heijden	STA-C	Utrecht, The Netherlands		
Enid Welford	TTA-P	Manchester, England		

#### Exam successes

#### UK candidates, April 2010

Stuart Paul Redpath Zia Dowling Haigh Andrew Todd Clare Stamp Sarah Grierson Mary Swanson Maggie Hayden Deborah Jelpke Luc Schreiden all CTA (P)



#### CTA exams in Italy at IRPIR, June 2010

Bartoli Valeria
Boscolo Fabrizio
Botta Francesca
Cereatti Federica
Ciglia Raffaella
Corrado Liborio
Costantini Cinzia
De Carolis Lorenzo
Favretto Silvia

Finizio Marco Giachetto Lisa Incrocci Manuela Magliochetti Claudia Meneghello Francesca Minutello Tiziana Moscato Giovanna Mulana Claudia Murru Alessandra

Nittoli Emanuela
Pantaleo Cristina
Peruzzi Silvia
Picchi Chiara
Pistritto Provvidenza Olivia
Porcu Carla
Rocci Emanuela
Salzone Maria Francesca
Santamaria Ilenia

Sartori Anna Scamporrino Maria Concetta Marcella Scialanca Chiara Sgambati Gisella Solombrino Simona Tarsi Silvia

#### Advertisement



## unique advanced inter-cultural TA opportunities



TA Coaching & Mentoring

Intensive 2011 programme for people with 120+ hours TA learning (optional qualification from Institute of Leadership and Management at masters level)

65 hours: 29 Apr-1 May; 27-28 June; 24-25 Sept; 4-6 Nov

A systemic perspective on relational conversations through which a person can recognise and realise their potential in their roles and relationships.

Rosemary Napper TSTA (O&E&C); practicing coach; coach- trainer; and author on coaching

#### FORGING YOUR IDENTITY:

as trainer & supervisor

This workshop offers co-creative, focussed, professional development to people preparing for TEW /TSTA exams

27-29 May 2011

- to explore contemporary TA theory and connect it to original ideas
- to practice supervision of training and supervision; practitioner supervision
- to critique training design / delivery and innovate learning activities
- to find ways to express your style and philosophy as a TSTA
- to deepen your capacities as a reflective practitioner

Rosemary Napper TSTA (O&E&C); co-author of TACTICS: a TA perspective on how adults learn

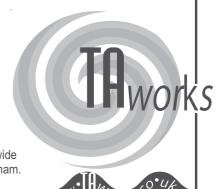
TRUTHS, LIES, MYTHS and STORIES:

explore the relational impact on / from the 'demonic' and 'idealised' other

2-4 December 2011

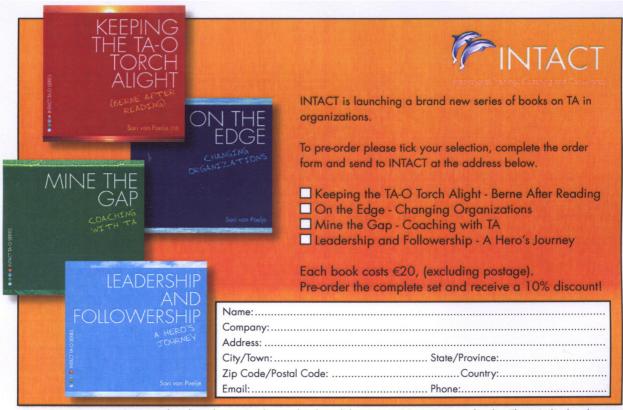
 A residential learning journey of discovery of the psyche and its relatedness to these archetypes, explored in different contexts

Helena Hargaden TSTA (P)
Rosemary Napper TSTA (O&E&C)

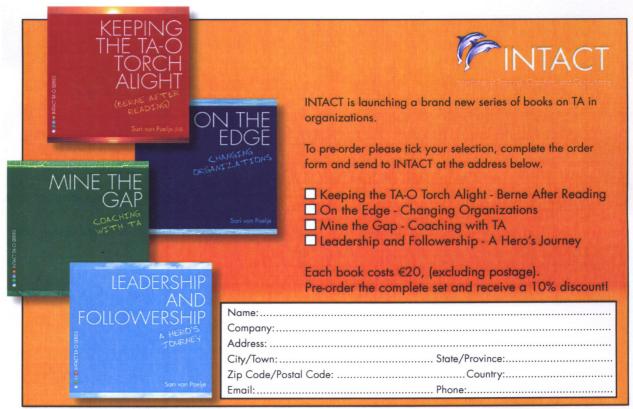


**TA works** is in the heart of Oxford amidst its history, cafes / restaurants with wide range of accommodation. Frequent transport to Heathrow, London and Birmingham.

Rosemary.Napper@TAmatters.com +441865250528



Post to: INTACT B.V. (book orders), Oud Loosdrechtsedijk 150, 1231NE, Loosdrecht, The Netherlands



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#### Announcing:

# **Professional Excellence Workshops**

#### → at The Berne Institute, UK ←

Coming dates: 25-27 Feb. 2011; 9-11 Sept. 2011

**Do you want** to enhance your professional skills in TA? Then the PEWs are for you! To all TA professionals, these workshops offer an excellent opportunity for advanced training and supervision. The PEWs – run regularly twice per year since 1992 – have been a "springboard" from which many participants have gone on to gain success in EATA/ITAA examinations, both CTA and T/STA. The workshops have also proved their value as preparation for the EATA/ITAA Training Endorsement Workshop (TEW).

The workshop leaders are Ian Stewart, Adrienne Lee, and Jim Davis, Teaching and Supervising Transactional Analysts. As a team with many years' experience of the PEW format, they can offer you an outstanding environment for learning.

**Workshop format** is highly flexible. Activities are tailored contractually to the needs of the participants, and typically include: multi-level supervision ... tape presentation ... discussion of theory and ethics ... practice exams (CTA or TSTA) ... supervised teaching ... personal work.

- Venue: all PEWs are held at The Berne Institute, near Nottingham, England.
- Fee: per 24-hour workshop: UKP 3 5. Booking deposit: UKP 5
- For bookings and further information please contact: The Course Registrar, The Berne Institute, 29 Derby Road, Kegworth DE 4 2EN, England (tel/fax (+44)(0)1509-6 3649; email via www.theberne.com).

# **Transforming your Identity**

# International workshops for CTAs ▶PTSTAs, PTSTAs ▶TSTAs/CTA Trainers

These two workshops offer you an excellent opportunity for **advanced training** and **supervision**. It is suitable for people looking for an ongoing group as well for those who want to visit to prepare for any of the EATA/ITAA Training Endorsement Workshops (**including new formats:TPWs&TEWs**, **TEvWs**) or the **TSTA exam**. Depending on your needs and wants, we design different activities and settings (e.g. mocks, supervision in cascades, discussion of theory, ethics and didactics, supervised teaching).

We, Sabine Klingenberg, TSTA/O and Claudia Fountain TSTA/O, offer high experience in running TEWs, TPWs&TEWs, TEvWs and TSTA exams and training, supervising and teaching in English.

Dates: March, 14.-16.2011, Aug. 29.-31.2011

Venue: Hamburg, Germany

For bookings and further information please contact:

Sabine.Klingenberg@abakushad.de or Tel. +49-40-73127433

Fees: For the 2 workshops € 1150,- plus VAT. The fees are due as soon as you have made the

booking. Cancellations can be made up to 8 weeks prior to the beginning.

Booking deposit is € 150,- plus VAT

#### Exam Calendar Exam **Exam Date** Location COC November 11th, 2010 CTA and TSTA: Paris, France COC November 12th, 2010 Rösrath near Cologne, Germany COC November 11th-11th, 2011 Louvain-la-Neuve, Belgium COC November 17th-18th, 2011 Neustadt/Weinstr., Germany COC April 28th - 29th, 2011 Daventry, UK **CTA** COC Dec . 2<sup>nd</sup> - 3<sup>rd</sup>, 2010 Milan, Italy COC April 14th-15th, 2011 Belgrade, Serbia COC December 1st-3rd, 2010 **TEvW** Barcelona, Spain **TPW** COC December 5th-7th, 2010 Barcelona, Spain COC April 4th-6th, 2011 **TEW** Poland

COC July 2th-4th, 2011

**Note:** Exams subject to availability of examiners/exam supervisors. BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

CA 94588-2775, USA. Note: COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office, tc.admin@itaa-net.org, Tel: 1 925 600 8110, Fax: 1 925 600 8112

**To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office *EATA@gmx.com* for the name of the appropriate Language Group Coordinator.

#### **Conferences**

EATA, ITAA, WPATA

World Conference «The Challenge of Growth» July 7th - 9th, 2011 Deusto University, Bilbao, Spain



#### World Conference - Bilbao, July 2011

If you have any doubt about attending - watch this wonderful powerpoint presentation

#### on EATA's website www.eatanews.org

Bilbao, Spain

- 7th 9th July World Conference
- 2nd 4th July EATA Council Meeting
- 2nd 4th July TEW
- 5th & 6th Exams
- 10th 11th July ITAA BOT Meeting

<sup>\*</sup> COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.